



**ACTIVITIES CONSENT FORM**

This form must be completed by the parent or guardian if the participant is under 18 years of age or by the participant if he/she is over 18 years of age.

**Participant's Details**

**Emergency Contact (Over 18s) or Supervising Parent/Guardian (Under 18s)**

Name \_\_\_\_\_

Name \_\_\_\_\_

Age \_\_\_\_\_ Date Of Birth \_\_\_\_\_

Age \_\_\_\_\_ Date Of Birth \_\_\_\_\_

Address Of Participant \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_

Post Code \_\_\_\_\_

Telephone No. \_\_\_\_\_

Telephone No. \_\_\_\_\_

Email Address \_\_\_\_\_

Email Address \_\_\_\_\_

WHICH ACTIVITY ARE YOU TAKING PART IN? Zip Line  Challenge Course  Team Building   
Laser Combat  Great Escape Challenge  Crate Stack  Rafting/Swimming

I confirm that I do not suffer from any medical condition and I am not under going any medical treatment that might result in a doctor cautioning me against using the equipment.

If you are in any doubt please consult your GP before giving this consent.

**FOR PARENTS/GUARDIANS OF UNDER 18s**

I acknowledge receipt of and understand the information below regarding the Activities and consent to the participant named above taking part. I declare that if I am not the parent or guardian of the participant named above I have authority from that participant's parent/guardian to sign this form of acknowledgment and agree that I am responsible for the child in my care.

I have ensured that my child/I understand(s) the information below and in the Terms & Conditions for his/her/my safety and for the safety of the group. Any rules and instructions given by staff before and during the activities will be obeyed.

**GENERAL STATEMENT**

I accept that there is a risk of injury when undertaking these activities and I am in agreement that Great Escape instructors may give permission for the participant/me to receive medical treatment in an emergency.

In the unlikely event of an accident, or loss or damage to my personal effects, I acknowledge that Great Escape Team Building Ltd. will not be liable for any loss, damage or injury arising from or in connection with the activities (except for death or personal injury caused by Great Escape Team Building Ltd.'s negligence) and I waive all and any claims against Great Escape Team Building Ltd. in this respect.

Signed \_\_\_\_\_ Parent/Guardian/Participant

Date \_\_\_\_\_

## ACTIVITIES TERMS & CONDITIONS

For our full Terms & Conditions, Restrictions and Requirements please visit:

<https://www.thegreatescapecompany.co.uk>

Details of restrictions and requirements are below. Please read them carefully.

### RESTRICTIONS FOR ZIP LINE

- The lower weight limit is 30kg (4.7 stone).
- The maximum weight limit is 120kg (18.8 stone).
- Height restriction, you must be taller than 1.2m (3ft 11") and shorter than 2.0m (6ft 7").
- For the Zip Line you must be able to climb the tower leading to the activity.
- Minimum age 6 years.

### RESTRICTIONS FOR CRATE STACK

- Minimum age 8 years.

### RESTRICTIONS FOR CHALLENGE COURSE

- Minimum age 5 years.

### REQUIREMENTS FOR ACTIVITIES

- Alcohol & Drugs — If you appear intoxicated or under the influence of a narcotic substance you cannot take part in the activity.
- Under 18s require a parent or guardian's permission and signature.
- Disclaimer consent must be completed to comply with our insurance regulations.
- Glasses and hard contact lenses can be worn.
- Please wear appropriate footwear and clothing. For example, shoes that support your ankles, no open toed shoes or flip flops. Warm and waterproof clothing. Long hair must be tied back.

***If you are not in good health you should NOT participate.***

If you have any of the following conditions you should seek medical advice before participating and provide a doctor's note on the day.

- High Blood Pressure
- Heart Condition
- Suffer from Dizziness or Epilepsy
- Damage to neck, back, spinal column, legs or eyes
- Head injury
- Old limb injuries
- Asthma
- Pregnancy

### SAFETY & BEHAVIOUR

The activities require registration and attendance of safety briefings.

No alcohol or drugs should be consumed before any of the Activities we offer. Our staff reserve the right to refuse an Activity to persons suspected to be under the influence of alcohol and/or drugs.

Some activities require the wearing of safety equipment such as harnesses and helmets, this is mandatory and there are no exceptions.

Other safety precautions will be advised to you upon arrival at site.

We employ professional instructors who reserve the right to end an Activity if they believe the participant may endanger themselves or other members of the public.

### ADVERSE WEATHER

All Activities are weather dependent. Events may be cancelled due to very high winds, lightning and/or thunderstorms. Cancelling an event can be a huge inconvenience for both participants and ourselves, however your safety is paramount at all times. We would therefore appreciate your understanding with this. If bad weather affects a booking it will be rescheduled by Great Escape Team Building Ltd. at no extra charge to you for a later date.

### PHOTOGRAPHIC AND VIDEO RECORDING EQUIPMENT

The use of devices such as cameras, video cameras or mobile phones whilst descending the Zip Line is forbidden. Only authorised head and arm mounted equipment that has been installed and certified by Great Escape Team Building Ltd can be used.

### PRIVACY POLICY

For details of how we use your information, please visit our Privacy Policy at:

<https://www.thegreatescapecompany.co.uk>